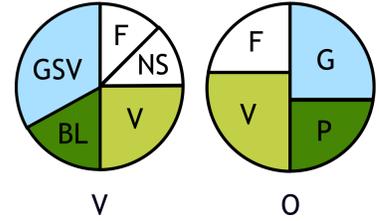


# Lemony Dill Chickpea Salad Sandwiches Shopping and Packing Aid



Number of campers having these sandwiches:           

Number of people this recipe will serve: 4

How many times do we need to make this recipe to serve everyone?  $\frac{\text{          }}{4} = \text{          }$

Budget for this meal: \$2.50 \*            = \$           

Item	Recipe amount	Multiplier	Amount needed	Cost
Plant-based mayonnaise 	1/4 cup			
Fresh lemon juice	1 Tbsp			
 Dill pickles or dill pickle relish	<b>1 Tbsp</b>			
Whole-grain mustard	1 tsp			
Dill, dry or fresh	1 tsp dry, 1 Tbsp fresh			
Pepper	1/2 tsp			
 Can of chickpeas		1		
Salt				
 Whole-grain bread	8 slices			
 Head of lettuce		1		
 Pickle slices	1 jar			
 Onion		1		

