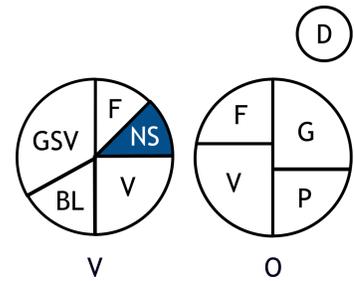


MAKE AT HOME



Nutty Parmesan

From *Dirty Gourmet Plant Power: Food for Your Outdoor Adventures* by Aimee Trudeau, Emily Nelson, and Mai-Yan Kwan

Makes about 1 cup

3/4 cup almond flour or hemp seeds

1/4 cup nutritional yeast

1/2 tsp salt

1/4 tsp garlic powder

Combine the almond flour or hemp seeds, nutritional yeast, salt, and garlic powder in a bowl, mix well, and store in a jar or other airtight container and put into the food tub. Shelf-stable.



