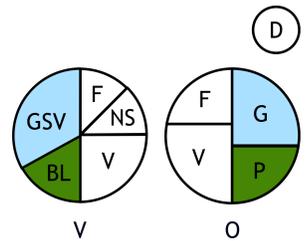


FIRE OR STOVE



# Oatmeal Shopping and Packing Aid

Number of campers having oatmeal:           

Number of people this recipe will serve: 1

How many times do we need to make this recipe to serve everyone?           

Budget for this meal: \$2.50 \*            = \$           

	Item	Recipe amount	x <u>          </u> = amount needed	Buy or bring from home?	Cost
	Rolled oats	1.5 dl (70 g)			
	Plant or dairy milk	1 dl			
	Salt			In tub	
					
					

## Equipment

- Pot
- Cooking spoon
- Camp stove or one bag of charcoal

