

**Scouting**  **America**™

**PACK 601**  
**CAMPOUT MANUAL**



Assuming that: The Pack Committee has chosen the date and theme of the campout at a committee meeting, including a Saturday morning activity

**Dates of campout:**

**State park or scout property:**

Cub scout packs must camp at council-approved properties with running water bathrooms, garbage services, facilities management, drinking water readily available, emergency assistance availability, and adequate shelter for program activities in case of inclement weather. Alamo Area Council has approved its own facilities and all state parks.

**Main activity:**

**Associated adventures:**

## The Administration Roles

### Head Organizer for this campout:

**Responsibility:** Ensure that all the other roles are filled and that the plan for the campout is complete. Handle any needed coordination between the roles. Monitor for gaps in preparation. Send the information email with the menu, packing list, and gear tips. Review Guide to Safe Scouting as needed.

Nearest hospital/ER:

Nearest police station:

Whom parents can contact with questions who's not at the campout:

Do we have two-deep leadership, one of which is female over 21?

Who's going who's BALOO-trained?

Are all adults current on their Youth Protection Training?

Do leaders have any program-specific training needed (e g Safety Afloat, Safe Swim Defense)?

If swimming or boating, is there a certified lifeguard responsible for the waterfront?

Have weather conditions been checked and communicated?

Have maps to the campsite been included in the information email?

Do parents have contact information for adult leaders attending the campout?

Has the Guide to Safe Scouting been reviewed for program safety requirements?

Is a copy of the Guide to Safe Scouting available on the campout?

Is the program age-appropriate?



## The Administration Roles

Campsite evacuation from plan:

How to we contact a camp ranger or office if needed? (Walkie-talkie, mobile, etc)

Hold quick safety meeting Saturday morning - buddy system, other land- and time-specific safety information



• Let's Camp Lion Requirement 1: Learn about the buddy system and how it works in the outdoors.



• Let's Camp Tiger Requirement 1: Learn about the buddy system and how it works in the outdoors.



• Let's Camp Wolf Requirement 1: Learn about the buddy system and how it works in the outdoors.



• Let's Camp Bear Requirement 1: Learn about the buddy system and how it works in the outdoors.

What's the parking plan to minimize nature impact and traffic?

**ROTA - Remarkable Opportunity for Transcendent Action**

	Saturday	Sunday
Breakfast prep		
Breakfast cooking		
Breakfast dish tub setup		
Breakfast cooking dishes		
Lunch prep		
Lunch cooking		
Lunch dish tub setup		
Lunch cooking dishes		
Dinner prep		
Dinner cooking		
Dinner dish tub setup		
Dinner cooking dishes		
Dinner prep		
Dinner cooking		
Dinner dish tub setup		
Dinner cooking dishes		

## The Administration Roles

### Scheduler for this campout:

**Responsibility:** Manage calendar entries, RSVPs, attendance, info survey.  
Book the campsites (30-50 people).

#### Campsite name and numbers:

- Create a three-day pack meeting spanning campground check-in on Friday to campground check-out on Sunday
- Schedule a three-hour block of time at a grocery store the weekend before the campout on the Webelos and AOL den calendars that works for the Menu Planner & Shopper
- Ask for RSVPs the Friday before the shopping trip (i.e. exactly one week before the campout.)
- Update the food and campground check-in information survey to match what the campground is asking for. (May need to call them and ask.)
- Put the link to the survey in the campout description and follow up on missing responses relative to the RSVPs
- Give the final meal counts to the shopper before the shopping is to be done



## The Camping Teacher Roles

### **Activity Leader on the campout:**

**Responsibility:** Arrange and lead the morning focus activity  
(make your own to-do list here)

The Camping Teacher Roles

## The Camping Teacher Roles

### Camping Skills Coach on this campout:

#### Responsibilities

Explain, demonstrate, guide, and enable AOLs in setting up cooking, eating, and sleeping areas as per the handbook. See EDGE guide

Explain, demonstrate, guide, and enable Bears+ in picking a tent spot and pitching a tent (no hands-on adult help for Webelos+). See separate guidance sheets on Tent Placement Consideration

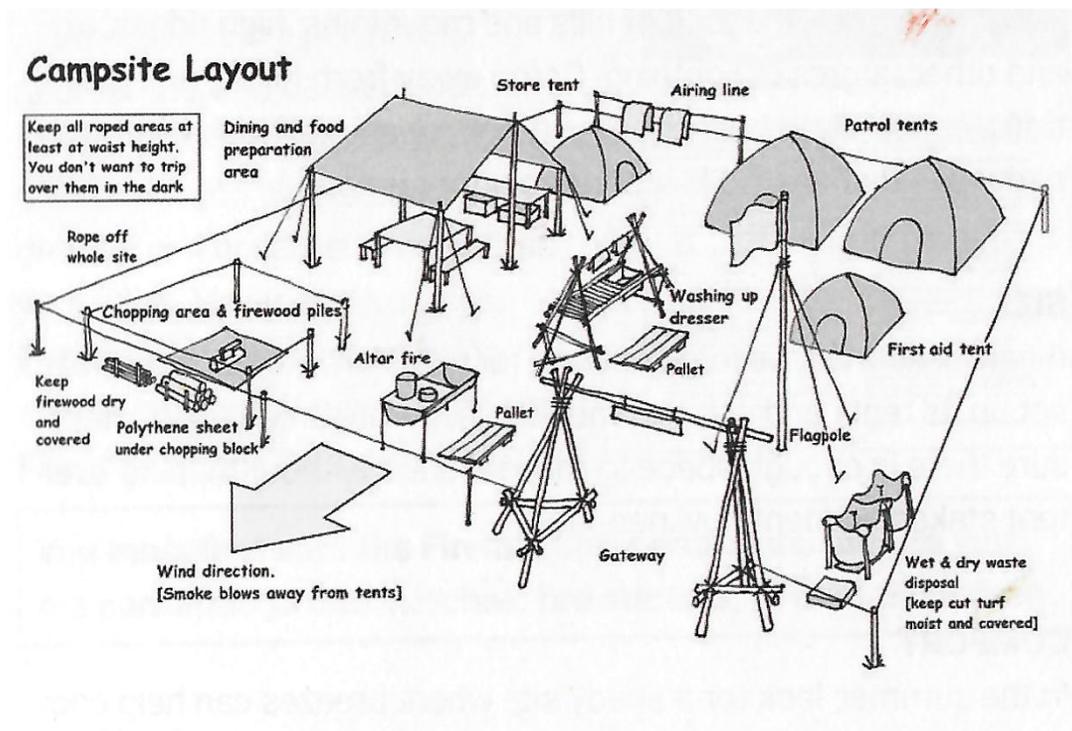
Teach the three knife safety adventures to any Bears, Webelos, or Arrows of Light that have not yet earned them. Review the separate instructions in the tub for covering the requirements. If you have not done so already watch the [Cub Scout Knife Safety Adventure](#) video. Support the Head Cook with knife skills coaching as needed

Teach knots

Teach one more basic camping skill per campout to the assembly

Explain, demonstrate, and guide AOLs in setting up cooking, eating, and sleeping areas as per the handbook.

- (AOL) *Outdoor Adventurer Requirement 6: Upon arrival at the campout determine where to set up your campsite: kitchen, eating area, tents, and firepit. Help the patrol set up the patrol gear before setting up your own tent.*



## The Camping Teacher Roles

- Make sure the AOL patrol puts the first aid kit somewhere where it's easy to find
- Store cooler in shade and open as little as possible
- Explain, demonstrate, and guide Bears+ in picking a tent spot and pitching a tent (no direct help for Webelos+)



- Let's Camp Bear Requirement 4: Help set up a tent. Determine a good spot for the tent. Explain why you picked the spot.



- Let's Camp Webelos Requirement 2: Upon arrival at the campground, determine where to set up a tent.



- Let's Camp Webelos Requirement 3: Set up a tent without help from an adult

- Find out if any Bears, Webelos, or Arrows of Light needs their knife safety adventure and teach them if they do. (See knife skills guides for details on requirements.) Bring carving supplies for Bears:

- Large bar of dry soap for each Bear
- One or two orangewood sticks for each Bear
- Piece of paper for each Bear
- Pen or pencil for each Bear
- Three days before the campout, unwrap the bars of soap and lay them in a dry place so they can dry out

- Teach the assembly one knot - plan a use for one and have everyone practice it. If needed, review the knot guides in the tub and practice the knot before the campout so you're ready to teach it.



- Tigers and Wolves have square knot as suggested option for "camping skill" requirement of Let's Camp Tiger/Wolf, see below



- Let's Camp Webelos Requirement 5: Show how to tie a bowline. Explain when this knot should be used and why.

- Teach the assembly a basic camping know-how item age-appropriate for Tigers and Wolves. Suggestions from the program are

- Leave No Trace/flashlight etiquette - red or warm yellow headlamps/flashlights are better than white. Activity: Cut pieces of red foil and tape them to flashlights and lanterns with electrical tape

*"At Leave No Trace, we understand that preserving dark skies is crucial for several reasons. Not only do dark skies enhance the visitor experience, allowing us to reconnect with the natural world and find solace under a blanket of stars, but reducing light pollution supports the health of wildlife. From bats and migratory birds to sea turtles, who rely on the [natural cues of the night sky](#) for navigation and survival, light pollution has wide-ranging negative effects on wildlife."*

*<https://Int.org/exploring-the-beautiful-mystique-of-dark-skies/>*

## The Camping Teacher Roles

- Practicing setting up a tent with an adult, living in a tent (always close flaps, no food or drinks in tents because of insects and animals, no shoes inside, poles and fabric can break)
- Stuffing sleeping bags into their stuff sacks
- Tying a square knot



## Leave No Trace Trainer on this campout:

### Responsibilities:

Notice and draw attention to Leave No Trace for Kids followed and not followed, with a special focus on camp setup and tear-down

Give out Pack 601 LNT stickers to any cubs who can recite LNT4K by heart

Hold Leave No Trace retrospective Sunday morning at breakfast

Award the Most Responsible Camper award to the den that followed Leave No Trace the best

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### 1. Know Before You Go

Are we following the campsite rules?

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### 2. Travel and Camp on Durable Surfaces / Choose the Right Path

Are we sticking to the established campsites and arranging tents in close proximity to each other?

Are the edges of our campsite at least 200 feet (60 m, about 80 to 100 strides for a youth) from roads, trails, and water?

When hiking, stick to the middle of the trail even if it's muddy

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### 3. Dispose of Waste Properly / Trash Your Trash

After straining food particles, properly dispose of dishwater by dispersing at least 200 feet (60 m, about 80 to 100 strides for a youth) from springs, streams, and lakes.

Is soap biodegradable and used 200 feet (60 m, about 80 to 100 strides for a youth) or more from any water source?

Remind the cubs to use the toilets. Tell them to not pee in camp even in the middle of the night, because if people start doing that it will start smelling

Is trash only going in the trash bag (opaque), and recyclables only going in the recycling bag (clear)?

## The Camping Teacher Roles

- Initiate “police line” before and after meals and during teardown
  - Remind cubs to “Pack it in, pack it out” when away from camp
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### 4. Leave What You Find

- No digging tent trenches or build lean-tos, tables, or chairs
  - No hammering nails into trees, hacking at trees with hatchets or saws, or damaging bark and roots by tying horses to trees for extended periods
  - Surface rocks or twigs that we cleared from the campsite need to be replaced
  - On high-impact sites like the ones Cub Scouts are required to stay at, clean the area and dismantle inappropriate user-built facilities such as multiple fire rings and log seats or tables
  - Good campsites are found, not made. No altering a site, digging trenches, or building structures
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### 5. Minimize Campfire Impacts / Be Careful With Fire

- Choose not to have a fire in areas where wood is scarce-at higher elevations, in heavily used areas with a limited wood supply, or in desert settings
  - True Leave No Trace fires are small. Use dead and downed wood that can be broken easily by hand. When possible, burn all wood to ash and remove all unburned trash and food from the fire ring
  - If a site has two or more fire rings, you may dismantle all but one and scatter the materials in the surrounding area
  - Be certain all wood and campfire debris is dead out - collaborate with the Fireguard
  - Are fires at least 15 feet (5 m) from tents, shelters, and tree branches?
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### 6. Respect Wildlife

- Observe wildlife from afar to avoid disturbing them

## The Camping Teacher Roles

- Give animals a wide berth, especially during breeding, nesting, and birthing seasons
  - Are the tents separated from the cooking area?
  - Store food securely and keep garbage and food scraps away from animals so they will not acquire bad habits. Never feed wildlife. Help keep wildlife wild. You are too close if an animal alters its normal activities
  - Let nature's sounds prevail. Keep the noise down and leave radios, tape players, and pets at home in addition to the not allowed phones, iPads, and gaming consoles
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### 7. Be Considerate of Other Visitors / Be Kind to Others

- Select campsites away from other groups to help preserve their solitude
  - Always travel and camp quietly to avoid disturbing other visitors
  - Make sure the colors of clothing and gear blend with the environment
  - Respect private property and leave gates (open or closed) as found
  - Be considerate of other campers and respect their privacy
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### Overall Performance

- Award the Responsible Camper Award to best-performing den after the retrospective
- Hold Leave No Trace retrospective Sunday morning at breakfast
-  • Let's Camp Webelos Requirement 9: After your campout, share the things you did to follow the Outdoor Code and Leave No Trace Principles For Kids
-  • (AOL) Outdoor Adventurer Requirement 8: After your campout, discuss with your patrol what went well and what you would do differently next time. Include how you followed the Outdoor Code and Leave No Trace Principles for Kids.
- Give out Pack 601 LNT stickers to any cubs who can recite LNT4K by heart
-  • Let's Camp Webelos Requirement 8: Recite the Outdoor Code and Leave No Trace Principles for Kids from Memory.



## Advancement Chair for this campout:

**Responsibility:** Track advancement completed during campout and ask cubs/parents about preparation requirement completion, enter advancement information into Scoutbook, purchase loops, pins, and awards and fill out cards.

Every campout: Camping adventures and food requirement of personal fitness adventure

Depending on the campout there may also be: Hiking adventures, fishing adventures, hiking-related optional adventures like Math on the Trail, Tech on the Trail, High Tech Outdoors, Into the Wild, Into the Woods, paddling adventures, and swimming adventures

Legend

Adventure requirement

Rank required adventure requirement

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### Cub Preparations

#### All ranks - Pack Six Essentials/Scout Essentials yourself



• Let's Camp Lion Requirement 3: Pack up your Cub Scout Six Essentials for the campout.



• Let's Camp Tiger Requirement 3: Pack up your Cub Scout Six Essentials for the campout.



• Let's Camp Wolf Requirement 2: Know the Cub Scout Six Essentials.



• Let's Camp Bear Requirement 2: Pack your Cub Scout Six Essentials for the campout.



• (AOL) *Outdoor Adventurer Requirement 1: Learn about the Scout Basic Essentials.*

#### All ranks - check the weather as you're packing and use that information to decide what to pack. Pack more and more of your own gear with rank



• Let's Camp Lion Requirement 2: Before going on the overnight campout, discuss what type of weather is expected and what type of clothes you should wear.



• Let's Camp Tiger Requirement 2: Before going on the overnight campout, discuss what type of weather is expected and what type of clothes you should wear.



• Let's Camp Wolf Requirement 3: In addition to your Cub Scout Six Essentials, list the personal items you need for your campout.



• Let's Camp Bear Requirement 3: In addition to your Cub Scout Six Essentials, show the personal items you need for your campout.

## The Administration Roles

-  • Let's Camp Webelos Requirement 1 part one: Cub Scouts plan for and attend an overnight campout with your pack or at a council or district event.
-  • (AOL) *Outdoor Adventurer Requirement 2: Determine what you will bring on an overnight campout – including a tent and sleeping bag/gear – and how you will carry your gear.*
-  • (AOL) High Tech Outdoors Requirement 1: With an adult, use a weather app or website to see the forecast for an outdoor activity and discuss any preparation needed to accommodate the weather.

### **Webelos and Arrow of Light - Move towards Being Prepared beyond having your stuff**

-  • Let's Camp Webelos Requirement 4: Identify a potential weather hazard that could occur in your area. Determine the action you will take if you experience the weather hazard during the campout.
-  • Let's Camp Webelos Requirement 5: Show how to tie a bowline. Explain when this knot should be used and why.
-  • High Tech Outdoors Requirement 2: With an adult, find a knot-tying app. Select one knot to learn, and tie it using the app.
-  • Let's Camp Webelos Requirement 8: Recite the Outdoor Code and Leave No Trace Principles for Kids from Memory.
-  • (AOL) *Outdoor Adventurer Requirement 3: Review the four points of the BSA SAFE Checklist and how you will apply them on the campout.*
-  • (AOL) *Outdoor Adventurer Requirement 4: Locate the campsite where you will be camping on a map.*

### **Webelos and Arrows of Light - Plan the menu and do the shopping**

-  • (Webelos) *Stronger, Faster, Higher Requirement 1 part one: With your den or family, plan, cook, and eat a balanced meal.*
-  • (AOL) *Personal Fitness Requirement 1 part one: Plan a balanced meal that you would eat when camping. Prepare that meal using the gear you would use on a campout.*

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## **At the Campsite**

### Show up

-  • Let's Camp Lion Requirement 4: Attend a council or district Cub Scout overnight camp or attend an overnight campout with your pack.
-  • Let's Camp Tiger Requirement 5: Attend a council or district Cub Scout overnight camp or attend an overnight campout with your pack.

## The Administration Roles

-  • Let's Camp Wolf Requirement 5: Attend a council or district Cub Scout overnight camp or attend a campout with your pack.
-  • Let's Camp Bear Requirement 5: Attend a council or district Cub Scout overnight camp or attend a campout with your pack.
-  • Let's Camp Webelos Requirement 1 part two: Cub Scouts plan for and attend an overnight campout with your pack or at a council or district event.
-  • *(AOL) Outdoor Adventurer Requirement 5: With your patrol or a Scouts BSA troop, participate in a campout.*

### Set up

-  • Let's Camp Bear Requirement 4: Help set up a tent. Determine a good spot for the tent. Explain why you picked the spot.
-  • Let's Camp Webelos Requirement 2: Upon arrival at the campground, determine where to set up a tent.
-  • Let's Camp Webelos Requirement 3: Set up a tent without help from an adult
-  • *(AOL) Outdoor Adventurer Requirement 6: Upon arrival at the campout determine where to set up your campsite: kitchen, eating area, tents, and firepit. Help the patrol set up the patrol gear before setting up your own tent.*

### Use the buddy system

-  • Let's Camp Lion Requirement 1: Learn about the buddy system and how it works in the outdoors.
-  • Let's Camp Tiger Requirement 1: Learn about the buddy system and how it works in the outdoors.
-  • Let's Camp Wolf Requirement 1: Learn about the buddy system and how it works in the outdoors.
-  • Let's Camp Bear Requirement 1: Learn about the buddy system and how it works in the outdoors.

### Learn Camping Skills

-  • Let's Camp Tiger Requirement 4: Learn a camping skill.
-  • Let's Camp Wolf Requirement 4: Learn a camping skill.

### Fire Safety

-  • Let's Camp Webelos Requirement 6: Know the fire safety rules. Using those rules, locate a safe area to build a campfire.

## The Administration Roles

-  • Let's Camp Webelos Requirement 7: Build a teepee fire

### Food and cooking



- *(Lion) Fun on the Run Requirement 1: Identify the five different food groups.*



- *Tiger Bites Requirement 1: Identify the 5 different food groups.*



- *(Wolf) Running With the Pack Requirement 1: Sample 3 different foods that are naturally 3 different colors. The food must be a protein, vegetable, fruit, dairy, or a grain.*



- *Bear Strong Requirement 1: Sample food from three of the following food groups: protein, vegetables, fruits, dairy, and grains.*



- *(Webelos) Stronger, Faster, Higher Requirement 1 part two: With your den or family, plan, cook, and eat a balanced meal.*



- *(AOL) Outdoor Adventurer Requirement 7: Explain how to keep food safe and the kitchen area sanitary at the campsite. Demonstrate your knowledge during the campout.*



- *(AOL) Personal Fitness Requirement 1: Plan a balanced meal that you would eat when camping. Prepare that meal using the gear you would use on a campout.*

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### Afterwards/At The End



- *Let's Camp Webelos Requirement 9: After your campout, share the things you did to follow the Outdoor Code and Leave No Trace Principles For Kids*



- *(AOL) Outdoor Adventurer Requirement 8: After your campout, discuss with your patrol what went well and what you would do differently next time. Include how you followed the Outdoor Code and Leave No Trace Principles for Kids.*

## The Physical Preparation Roles

### Quartermaster for this campout:

**Responsibility:** Verify that the pack gear tubs' contents are complete (using the kanban sheets) and are in good condition before the campout.

Coordinate with the Hauler(s) to arrange dropoff/pickup of the gear. Wash/repair/re-sort the gear afterwards

#### To bring and check:

- Is the pack first-aid kit in good order?
- Is the fire extinguisher fully charged and operable?

#### Who is hauling it?

- Charcoal, 1 bag per hot meal
- Firewood if state park and no burn ban
- Fire tub
- Shovel
- Fire bucket
- Food Preparation tub
- Cooking tub
- Sticks
- Dish tub
- Cleanup tub
- Cooler with food
- The two large orange water coolers filled with water
- First aid tub
- Campfire MC pouch
- Leave No Trace tub
- Camping/Hiking tub
- Fishing/Paddling/Swimming tub (if needed)



## The Feeding the Pack Roles

### Menu Planner and Shopper:

**Responsibilities:** Facilitate Webelos and AOLs planning a balanced campout menu, then explain/demonstrate/guide them through doing the shopping within budget (Stronger, Faster, Higher req 1 using Cub Camp Cuisine, Personal Fitness req 1) and deliver the food to the cooler Hauler before the campout.

Facilitate a meal planning meeting with the Webelos and AOLs. (If you have them vote for what to have and also discuss majority and plurality voting and which one to use, you can cover My Community req 1.) Review the omnivore USDA plate model as well as the vegan Simple Happy Kitchen plate model and discuss why we need to eat a balanced diet to be healthy. Have them choose two breakfasts, a lunch, and a dinner. They may also choose a dessert and/or to make s'mores. Don't forget to see if we need more coffee!



- *(Webelos) Stronger, Faster, Higher Requirement 1 part one: With your den or family, plan, cook, and eat a balanced meal.*



- *(AOL) Personal Fitness Requirement 1 part one: Plan a balanced meal that you would eat when camping. Prepare that meal using the gear you would use on a campout.*

At the shopping meeting, explain, demonstrate, and guide the shoppers through using the shopping aid sheets for the meals they chose together with the diner counts per meal to make an overall budget for the shopping trip as well as to calculate how much of each ingredient we need to buy. Point to the plate models and ask how they want to make the meal and/or the day's food complete, if it isn't already.

Coach them on how to grocery shop - redirect their attention to the details they're going to miss as well as how to find the options that will let us stay in budget. (Different loaves of bread have different numbers of slices; we cannot afford real maple syrup and must buy sugar syrup; we can only afford cheap bacon in large packages; hot dogs are similar in price but some have much better quality ingredients than others; price comparison is easy with the per-ounce price; etc)



- *(Webelos) Stronger, Faster, Higher Requirement 1 part two: With your den or family, plan, cook, and eat a balanced meal.*

When the shopping is done, deliver the food to the cooler hauler. By when does the hauler(s) need the food and gear?



## The Physical Preparation Roles

### Hauler(s) for this campout:

**Responsibilities: Haul the pack gear and food to and from the campsite. Coordinate with Quartermaster regarding what you're hauling and dropping it off/picking it up before and after the campout.**

- Pack food into and cooler, make sure the thermometer is in the cooler
- Chill cooler for 30 minutes before loading
- Freeze food that you won't need the first day
- Use giant blocks of ice over cubes - make in half-gallon drink containers and freeze overnight
- Any meat and eggs needs to be closest to ice
- Arrange pick up or drop off of the tubs you're responsible for

At camp, put the rest of the pack to work in unloading your car of the pack gear and putting pack gear in pile near camp for the AOLs to do common area setup.

#### Who is hauling it?

- Charcoal, 1 bag per hot meal
- Firewood if state park and no burn ban
- Fire tub
- Shovel
- Fire bucket
- Food Preparation tub
- Cooking tub
- Sticks
- Dish tub
- Cleanup tub
- Cooler with food
- The two large orange water coolers filled with water
- First aid tub
- Campfire MC pouch
- Leave No Trace tub
- Camping/Hiking tub
- Fishing/Paddling/Swimming tub (if needed)



## **Medical Forms Steward for this campout:**

### **Responsibilities**

**Bring the pack medical forms binder, follow up with any families that haven't submitted theirs.**

**Check the forms for all attendees and share any information that needs planning around (allergies, medical conditions potentially impacted by weather/activities at the campout, etc).**

**In Cub Scouts, parents handle any medication that cubs might need.**



## Coffee Maker on this campout:

Responsibility: Make coffee in the morning

### Cowboy Coffee

**Per cup**

1 1/2 Tbsp coarse ground coffee

1 1/2 dl water

Measure out the coffee and water in a coffee pot. Bring the coffee to a boil. Remove the coffee from the fire. Pour in some cold water to clarify the coffee (make the grounds sink to the bottom) and then let the it stand for a few minutes.

**For 6-7 cups**

1 1/2 dl (about 60 g) coarse ground coffee

1 liter water

### Percolator Coffee

**Per cup**

1 Tbsp coarse ground coffee

1 cup of water

Pour in the water (minimum 5-6 cups, maximum 12 cups in the stainless steel percolator) with the percolator cup empty. Put the ground coffee in the percolator cup at the top of the percolator. Place over the fire and once percolating, let percolate for about 7 minutes. Take off the fire and let sit for a few minutes, then enjoy.

Stainless steel percolator care:

Not dishwasher safe. Never allow it to boil dry, this will damage the pot and it shouldn't be used again if it does boil dry. Wipe dry after washing to prevent rust. Remove rust and mineral deposits by boiling 4 cusp of water, 2 Tbsp baking soda, and the juice from half a lemon for 10 minutes. Do not use steel wool or harsh abrasives to clean.



## The Feeding the Pack Roles

### Head Cook for this campout:

#### Responsibilities:

Initiate and organize cooking of a meal using mise en place while Explaining, Demonstrating, Guiding, and Enabling cooking tasks in such a way that all applicable adventure requirements are met and letting the AOL patrol practice the patrol method. See the EDGE reference

Partner with the Camping Skills Coach as needed on applied kitchen knife skills and the Fireguard on fire building and fire safety

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#### Plan

- Given the meal and the attending cub scouts' abilities, decide on a start time for having the Webelos or AOLs light the fire/coals as well as prep. (Cub scouts will chop slower than adults, need more time to read the recipe, etc.)

Your sous chefs are the Bears and Webelos if you are directly leading the meal preparation yourself. If the AOLs are cooking, allow the Patrol Leader the opportunity to lead with your guidance and safety supervision.

- Check the recipe yourself, then ask the sous chefs to do the same and follow the recipe, starting with setting up the cooking area for the meal

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#### Prepare

- Play *Cutting Out Kitchen Chaos* with the cooking crew. Pull the cards one at a time, and ask the cubs if this is something one should do. Place the good ideas text up in one area and the bad ideas in another area, then review how we will go about cooking together.
- Ask the AOLs to explain how to keep food safe and the kitchen area sanitary and hold them to doing that
  -  • (AOL) *Outdoor Adventurer Requirement 7: Explain how to keep food safe and the kitchen area sanitary at the campsite. Demonstrate your knowledge during the campout.*
- Enforce knife safety rules (Stop, Away, Sharp, Sore) and fire safety rules (stay out of the ring, don't touch the ring when lit, what goes in stays in, calm zone, only add to the fire with permission).

## The Feeding the Pack Roles

See Fireguard and Camping Skills Coach materials for laminated cards with the rules

- Have them show the knife safety circle and seat themselves accordingly



- Whittling/Chef's Knife/Knife Safety Requirement 2: Demonstrate the knife safety circle

- Ask AOLs and Webelos to chop, following the guidance in their handbooks. (Re)Explain and demonstrate how to best choose a knife and hold each kind of food that needs chopping.

When they're not being used, the knives should be placed at rest on the right edge of the chopping board with the edge to the far right.

You may want/need several adult food chopper teachers if several cubs are inexperienced. Because teaching knife skills is part of the Camping Skills Coach role, they are a natural partner for this.



- Chef's Knife/Knife Safety Requirement 4/5: Choose the correct cooking knife and demonstrate how to properly slice, dice, and mince.

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### Cook (if needed)

- Teach cub scouts to put a thin layer of biodegradable dish soap on the outside of non-cast iron pots if cooking over a fire to help soot come off easier.
- EDGE train them on flipping, stirring, etc as required
  -  • (Webelos) *Stronger, Faster, Higher Requirement 1 part two: With your den or family, plan, cook, and eat a balanced meal.*
  -  • (AOL) *Personal Fitness Requirement 1: Plan a balanced meal that you would eat when camping. Prepare that meal using the gear you would use on a campout.*

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### Direct the Dining

- When the food is done, set up some kind of serving line/plan and call the pack (conch, trumpet, bell, yell). In order to both create community and ensure that everyone gets to eat, nobody may start taking food until everyone is gathered.
- When everyone has arrived:
  - Share what we're having
  - Give credit to the cooks

## The Feeding the Pack Roles

- Ask the cubs to identify what food groups are in the meal and how they make us physically strong
- Point out three different colors of the ingredients
-  • *(Lion) Fun on the Run Requirement 1: Identify the five different food groups.*
-  • *Tiger Bites Requirement 1: Identify the 5 different food groups.*
-  • *(Wolf) Running With the Pack Requirement 1: Sample 3 different foods that are naturally 3 different colors. The food must be a protein, vegetable, fruit, dairy, or a grain.*
-  • *Bear Strong Requirement 1: Sample food from three of the following food groups: protein, vegetables, fruits, dairy, and grains.*
- Help create community by leading the pack through secular\* verses or a poem of appreciation for all the causes and conditions that gave rise to us having this meal here together in this moment
- Announce that anyone wanting seconds needs to wait for a “seconds” call from you, which you will give once you’ve made sure that everyone has had a first serving
- Help the Dish Leader out by reminding everyone that each person, including cubs, is responsible for doing their own dishes at the dish line
- Invite everyone to start serving themselves
- Call seconds once everyone has gotten food a first time

\*Secular, because BP said about religion in scouting: "Take a negative instance. A Mahomedan Guider comes to England and addresses a lot of Girl Guides on religion, in the course of which she quotes Mahomet as the one divine teacher. This in spite of the fact that her audience are believers in Christ. How would you regard her action? As tactless, as insulting, as fanatical? At any rate it wouldn't be exactly polite or in accordance with our laws of courtesy. Yet I have known Christian Guiders as well as Scouters do exactly the same thing with Jews or Hindoos or people of other beliefs present, and these on their part have sat under it, too polite to raise objections but none the less made uncomfortable by it. Once, at a mixed gathering at a 'Scout's Own' a speaker carefully avoided much reference to Christ and was accused by some there of 'denying Him'. His defence was that he was rather following Christ in that he was showing Christian deference to the feelings of others who, equally with himself, were sons of one Father, under whatever form they rendered homage to God."

Unless you know every family's spiritual practices (remember, scouts are not required to be members of a formal religion nor to worship deities) well enough to interweave them all, stick to secular to keep it simple. Non-Christian families often seek non-church COs like ours.



## The Feeding the Pack Roles

### Dish Leader on this campout:

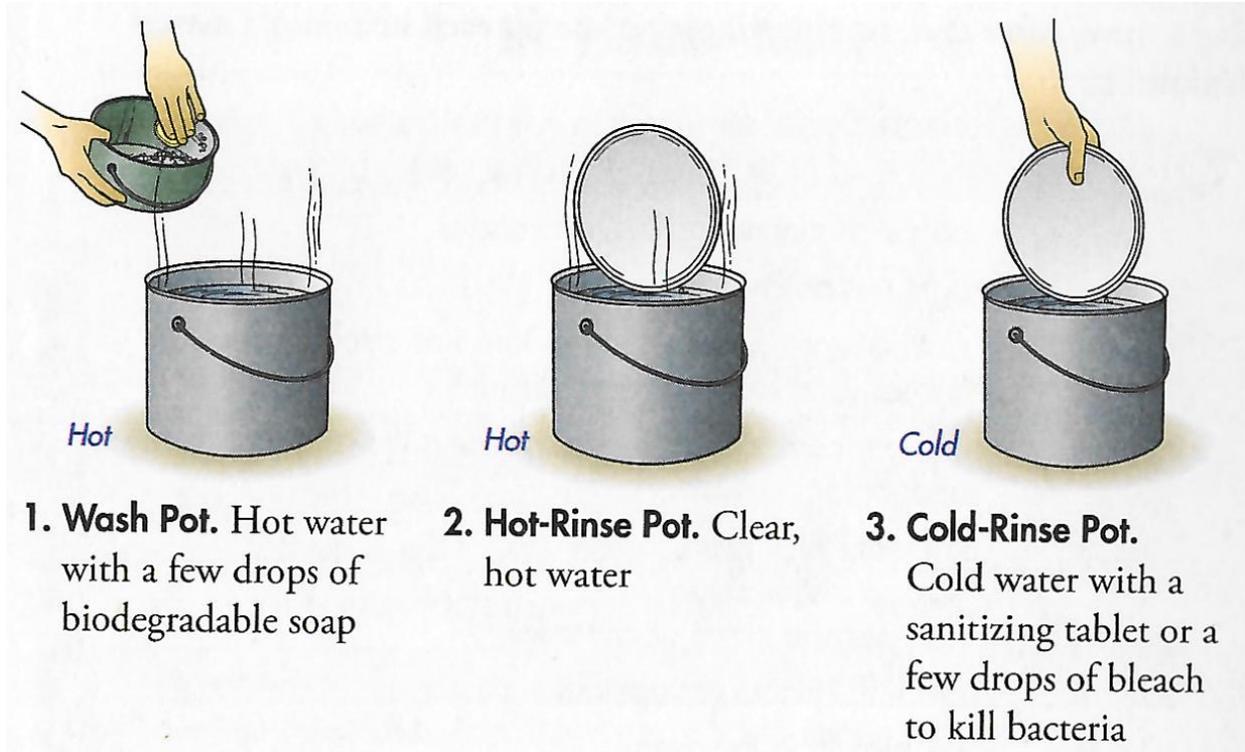
**Responsibility:** Initiates, teaches, and supervises dish-washing after each meal.

*WASHING THIS POT  
Washing this pot,  
metal returns to metal,  
flowers brilliant and shining.  
In heart work  
arms, fingers, toes,  
feelings, thoughts, breath,  
and pot flower together.  
The body sparkles with the flow  
of fresh creek water splashing  
over and around rocks,  
everywhere reflecting trunk, branch, leaves, and sky.  
May all beings flower  
in the brightness and clarity  
of this heart working.  
-Edward Espe Brown*

- All ages are expected to help get, exchange, and dump cold water (adults handle hot water)
  - Everyone of all ages is expected to wash their own dishes - prompt parents to teach their children and/or teach them yourself
  - Teach cubs on dish duty how to use the chain-mail scrubber to clean cast iron and show them how to re-season it, if needed
  - AOLs need to demonstrate that they know how to set up the three tubs, but Bears and Webelos are expected by the pack to also do the tub setup:
1. Prepare the three-tub cleaning method by placing the laminated tub description cards in order next to the three tubs and have the cubs make each tub ready:

## The Feeding the Pack Roles

- The first tub contains hot, soapy water.
- The second is filled with clean, hot rinse water.
- The third tub contains cold water with a sanitizer such as bleach to kill bacteria. We use 3 Tbsp bleach (sodium hypochlorite) measured with the small measuring cup in the dish tub.
- Place the dish towel next to the disinfectant rinse tub to indicate where clean dishes may drip off before being put away



### 2. Follow these steps to wash a pot:

- Scrape excess food into a garbage bag so the pot is as clean as possible.
- Dampen a scrub pad with water from the wash pot and scrub the pot to loosen the remaining food.
- Dunk the pot in the wash pot to remove the loosened food. If food is still stuck to the pot, scrub some more.
- Dip the pot in the hot-rinse pot. Be sure no soap bubbles remain on the pan.

## The Feeding the Pack Roles

- Dunk the pot in the cold-rinse pot. If the pot is too big, dip some water from the cold-rinse pot into the pot and slosh it around.
4. Ask other members to clean their mess kits using the three-tub method.
  5. Cub Scouts will dispose of the dirty wash water either in a designated area such as a drain or by dispersing 200 feet away from camp and water sources.
  6. Have Cub Scouts put away clean dishes, utensils and cooking gear.
    - (AOL) *Outdoor Adventurer Requirement 7: Explain how to keep food safe and the kitchen area sanitary at the campsite. Demonstrate your knowledge during the campout.*



### **Keep Soap and Detergent Away From Open Water**

Many soaps, detergents, and shampoos contain chemicals that encourage algae to grow. Algae can crowd out native plants, making it harder for fish and other animals to survive. Soap and detergent might also leave an oily film in the water that can harm tiny water animals.



## The Fire Safety Roles

### Fireguard on this campout:

**Responsibility: Manage fire safety for all fires and camp stoves lit as per Scouting America rules**

- Check to see if there is a burn ban, for example using <https://twc.tamu.edu/tfd>
- Monitor campsite fire conditions - watch for dry and windy conditions
- Look up any special park/property campfire rules
- Familiarize yourself with the unit fireguard plan and fill out the unit fireguard chart each day of the campout
- Make sure fires are appropriate in size and in established fire rings a minimum of 15 feet from tents, shrubs, trees, and other flammable objects, especially low-hanging branches.
- Send Lions, Tigers, and Wolves to gather firewood when we're on Scouting America properties and have ranger permissions
- Teach Webelos the fire safety rules
  - Let's Camp Webelos Requirement 6: Know the fire safety rules. Using those rules, locate a safe area to build a campfire.
- Teach Webelos how to make and light a teepee lay fire
  - Let's Camp Webelos Requirement 7: Build a teepee fire
- Consider wind direction and projected size of fire before starting
- Store the matches, lighters, and fire starters in the fire box outside your tent. In bear country, store it away from the campsite.
- Remind everyone of and enforce the pack fire safety rules, including before the start of the campfire - coordinate with campfire MC
  - Stay outside the fire ring. Do not even touch it when a fire is lit. If you are not cooking, stay away from lit camp stoves.
  - Walk calmly around campfires and lit camp stoves, and take play elsewhere.
  - Once it's in, it stays in.
  - Only put things into the fire with permission.
  - Move sticks gently and slowly, even if there's burning food on them.
  - Keep stick tips away from people.

## The Fire Safety Roles

- As needed, inform adults that additives to the fire are prohibited, including chemicals, accelerants, color-changers, and other flame-enhancing products like Magical Flames.
- Make sure fires and/or stoves never are unattended
- Always extinguish campfires properly. Ensure they're completely cold-out. Do a test on the cooled ash for any sign of heat before you consider the fire extinguished.

## Sparkwatcher on this campout:

**Responsibility: Watch for and deal with sparks flying out of the fireplace. Make sure there is a fire extinguisher, sand, and water by the fire ring.**

- Lead any emergency response with the fire extinguisher, shoveling soil or sand to extinguish escaped fire, or water. Keep fire-extinguishing materials on hand by the fire/stove.
- Be prepared to respond to burns or someone on fire with “Stop, drop, and roll.”

## Campfire MC on this campout:

**Responsibility:** Put together a campfire program and vet cub offerings (no toilet humor, no making fun of people even with their permission, no swearing, no sexual content), then run the campfire program.

- Send out pack songbook to parents ahead of time
- Teach the cubs skits, jokes, songs, etc for the campfire and help facilitate each den deciding what to present
- Put together the campfire ceremony program and run it (or have experienced cubs run it)
- Award a prize for best den/patrol skit
- Collect new ashes in the morning



## The Build Community Roles

### **Parent Talent Scout:**

**Responsibility:** Find out what parents are good at

### **Community Builder:**

**Responsibility:** Invite new parents and scouts into clusters of people (especially leaders), explain scouting and/or camping to them as needed



## **Retrospective on**

## **Campout at**

**What went well?**

**What could have been better?**

**What should we try next time?**