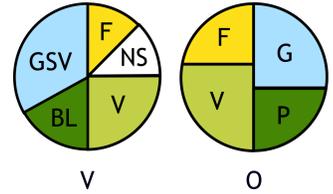


NO COOK AT CAMP



D



Sandwiches and Crudité's

Shopping and Packing Aid

Assumption: 1.5 sandwiches per person

Number of veg*n campers having lunch:

Number of omnivore campers having lunch:

Budget for this meal: + = x \$2.50 =
 (including the spread and dip)

Item	How many per sandwich ?	How many people will eat this?	How many do we need?	Buy, bring, or have in tub?	Cost
 Whole-grain bread	2	<input type="text"/>			
Vegan cheese slices	1	<input type="text"/>			
 Dairy cheese slices	1	<input type="text"/>			
 Vegan lunch meat	2 servings	<input type="text"/>			
 Meat lunch meat	2 servings	<input type="text"/>			
 Carrots or baby carrots					
 Jicama				1	
 Limes				4	
 Bell peppers or baby bell peppers				1-2 or 1 bag	



Item	How many per sandwich ?	How many people will eat this?	How many do we need?	Buy, bring, or have in tub?	Cost
 Hothouse cucumbers			1 large or a bag of minis		
 Cherry tomatoes			1 container		
 Head of lettuce			1		
Mayonnaise			1 small bottle		
Mustard			1 bottle		
					

Equipment

- Vegetable peeler
- Chef's knives
- Cutting boards or hiking boards
- Spreading knives

