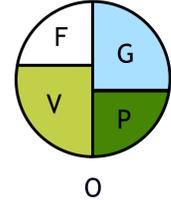
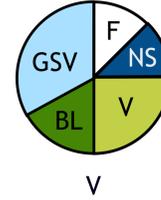


STOVE (1x), FIRE (2+X)



(D)

Sweet Potato and Peanut

Stew Shopping and Packing Aid

Number of campers having stew:

Number of people this recipe will serve: 4

How many times do we need to make this recipe to serve everyone? $\frac{\text{ }}{4} = \text{ }$

Budget for this meal: \$2.50 * = \$

Item	Recipe amount	x <u> </u>	= amount needed	Buy, bring, or in tub?	Cost
Cooking oil	1 Tbsp			In tub	
 Peanut butter	1/4 cup			In tub	
Salt	1 tsp			In tub	
Bouillon powder	2 1/2 tsp			In tub	
 Onion, small	1				
 Sweet potato	1				
 Diced canned tomatoes	1 can				
NM chili powder	2 tsp				
 Chickpeas, canned	1 can				
 Dinosaur kale	1 bunch				
					



Pack Equipment

- Dutch oven or 1.5 qt/l cooking pot (1x), 3x takes the large dutch oven
- Cooking spoon
- Can opener
- Chef's knives
- Hiking board or cutting board
- Vegetable peeler (optional)
- Cup measure
- Teaspoon measuring spoon

