

*Remember, we follow the Conservation Pledge and Leave
No Trace when we camp!*

The Conservation Pledge

"I give my pledge as an American to save and faithfully
to defend from waste the natural resources of my
country - its soil and minerals, its forests, waters and
wildlife."

- Junior Girl Scout Handbook, 1963

Leave No Trace for Kids



1. Know Before You Go

Be prepared! Bring clothes to protect you from cold, heat, or rain. Use maps to show you where you'll be going so you won't get lost. Learn about the areas you visit. Read books and talk to people before you go. The more you know, the more fun you'll have.



2. Choose the Right Path

Stay on the main trail to protect nature and keep from wandering off by yourself. Steer clear of flowers or small trees. Use existing camp areas - camp at least 100 big steps from roads, trails, and water.



3. Trash Your Trash

Pack it in, pack it out. Put litter, even crumbs, in trash cans or carry it home. Use bathrooms or outhouses when available. If you have to "go", act like a cat and bury poop in a small hole 6-8 inches deep and 100 big steps from water. Place your toilet paper in a plastic bag and put the bag in a garbage can back home. Keep water clean. Keep soap, food, and poop out of lakes and streams.



4. Leave What You Find

Leave plants, rocks, and historical items as you find them so that the next person can enjoy them. Treat living plants with respect. Hacking or peeling plants can kill them.

Good campsites are found, not made. Avoid digging trenches or building structures in your campsite.



5. Be Careful with Fire

Use a camp stove for cooking. It's easier to cook on and clean up than a fire. Be sure it's ok to build a campfire in the area you're visiting. Use an existing fire ring to protect the ground from heat. Keep your fire small. Remember, campfires aren't for trash or food. Avoid snapping branches off live, dead, or downed trees. Instead, collect loose sticks from the ground. Burn all wood to ash and be sure that the fire is completely out and cold before you leave.



6. Respect Wildlife

Observe animals from a distance and never approach, feed, or follow them. Human food is unhealthy for all animals and feeding them starts bad habits. Protect wildlife and your food by storing your meals and trash. Control pets at all times or leave them at home.



7. Be Kind to Others

Make sure that the fun you have in the outdoors does not bother anyone else. Remember that others are there to enjoy the outdoors. Listen to nature. Avoid making loud noises or yelling. You will see more animals if you are quiet.



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Camping Packing List for

Here is a starting point for learning what you want to pack. Each time you pack for and go to a campout, you learn a little more about what you personally like to bring!

Know Before You Go (and pack!):



- Check the weather (sanity check! is any of this weather potentially hazardous?)



- Check on burn ban at <https://tfsweb.tamu.edu/burnbans/>



- Find the campground on a map and see what kind of gear makes sense - can you swim? Can you fish? Can you climb a glacier? (Ok, probably not, but if you can, you'd want to know!)



- When do quiet hours start and end? Start _____ End _____



- How far is the walk from the car to the campsite? (How important is it to pack light and in something easy to carry?)



Is there a burn ban?

Yes No

The Ten Scout Essentials

Reusable water bottle 

Sun protection 

Trail food 

Flashlight

First aid kit

Map and compass 

Pocketknife

Rain gear (always, regardless of weather report)

Extra clothing

Matches and fire starters

A survival bracelet might have several of these!

Bags

- Large backpack or camp trunk
- Day pack (optional)

Weather Summary


Highest high


Lowest low











Temperature

Shelter

- Tent or tarp, poles, and stakes 
- Hammer (optional)
- Waterproof ground cloth or plastic sheet the same size as your tent
- Broom (optional)

Sleep system

- Sleeping bag
- Pump for air mattress or inflatable sleeping pad (optional)
- Pillow or stuff sack with sweater inside
- Sleeping bag liner 
- Sleeping pad, air mattress, or cot
- Extra blanket(s) 

Eating kit

- Reusable cup
- Reusable knife, fork, and spoon or spork
- Reusable bowl
- Reusable mesh bag
- Reusable plate

Toiletry Kit

- Toothpaste
- Quick-drying towel
- Toothbrush
- Soap in container
- Floss
- Chapstick
- Deodorant
- Backup toilet paper or kula cloth
- Comb
- Menstrual hygiene products (if needed)
- Washcloth

Clothes To Always Bring

- Girl Scout vest/sash and neckerchief
- Sleep clothes ( pajamas or  thermal underwear)
- Sturdy, durable shoes

Other Gear To Always Bring

- Girl Scout Handbook for your rank
- Rechargeable LED lantern(s) - remember to charge it!
- Duct tape or patch kits for your tent and inflatable sleeping pad (if using)
- Extra plastic bag or container for any trash 
- Hiking board (if have one)

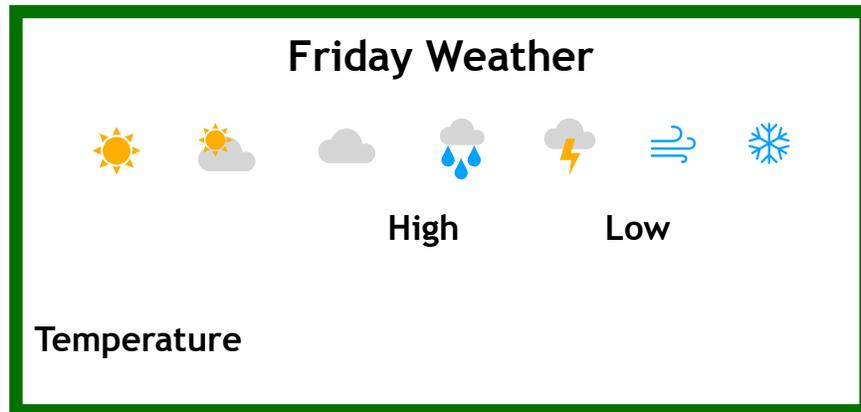
Camp comfort, fun, and activities (all optional)

-  Rechargeable battery fan - charge!
-  Mister
-  Cooling towel(s)
-  Electrolyte drink
-  Puffy blanket or campfire poncho
- Red light flashlight or headlamp 
- UV flashlight (for scorpions) 
- Shower shoes
- Dirty clothes bag
- Pocket knife
- Insect repellent
- Camp chairs
- Girl Scout songbook
- Skit or joke books for campfire prep
- Props for campfire skits
- Games
- Books
- Camera 
- Binoculars 
- Notebook and pencil 
- Nature guides 
-  Swimsuit, swim shoes, goggles, towel
-  Fishing gear including sunglasses/safety glasses and wide-brimmed hat and fishing license for any adults fishing
- Work gloves
- Clothesline/paracord
- Safety pins
- Personal treats, food, and drink
- Personal cooler (if needed)
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Electronic devices have to stay home. Girl Scouts and tagalongs may not bring mobiles, tablets, or game consoles on troop campouts.

Good Clothes for Friday Night



Will heat or cold make you uncomfortable at night without the right clothes? Do you need rain clothes to stay dry outside the tent? Do you need mittens? Check the weather to get the answer.

To put on Friday morning:

- Good shirt for camping
- Good pants or shorts
- Comfortable underwear
- Comfortable socks
- Your durable shoes



Check if you need:



- Rain coat and pants
- Rubber boots or waterproof hiking boots



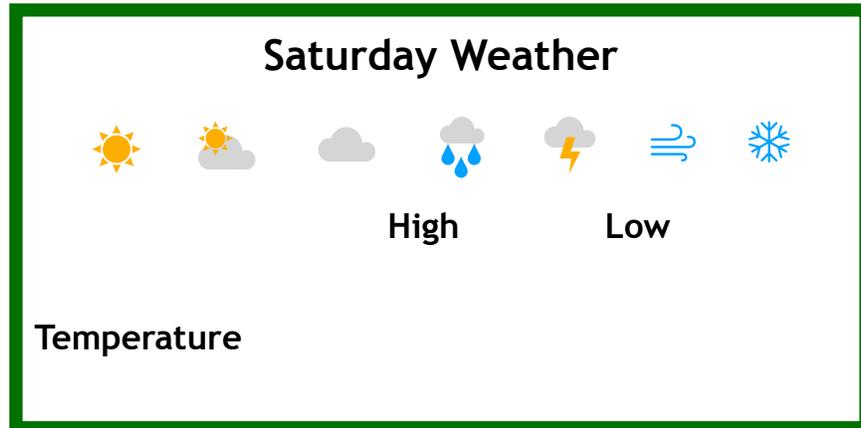
- Base layer (wool or technical fabric)
- Mid-layer cotton long-sleeved shirt
- Mid-layer warm sweater
- Outer layer warm jacket or coat



- Windbreaker

- Thick, windproof pants (mid+outer)
- Mittens or gloves
- Knit scarf
- Stocking cap
- Stocking cap to sleep in
- Warm socks to sleep in

Good Clothes for Saturday



Regardless of weather:

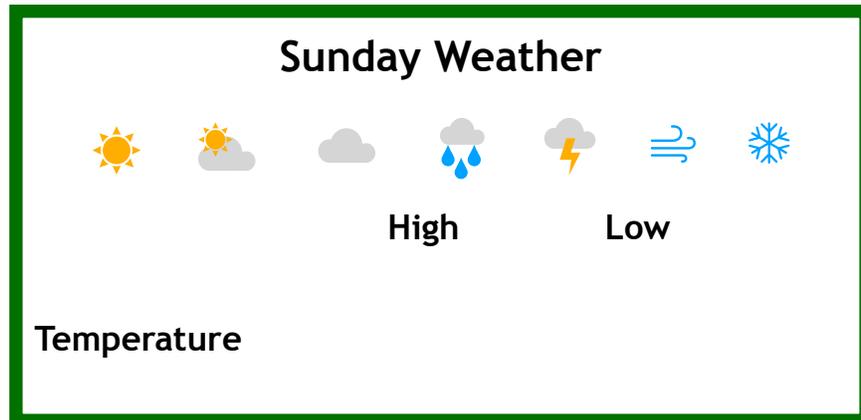
- Good shirt for camping (activity uniform?)
- Neckerchief and woggle
- Good pants or shorts
- Comfortable underwear
- Comfortable socks
- Your durable shoes



Check if you need:

-  Rain coat and pants
- Rubber boots or waterproof hiking boots
-  Windbreaker
-  Base layer (wool or technical fabric)
- Mid-layer cotton long-sleeved shirt
- Mid-layer warm sweater
- Outer layer warm jacket or coat
- Thick, windproof pants (mid+outer)
- Mittens or gloves
- Knit scarf
- Stocking cap
- Stocking cap to sleep in
- Warm socks to sleep in

Good Clothes for Sunday



Regardless of weather:

- Good shirt for camping (activity uniform?)
- Neckerchief and woggle
- Good pants or shorts
- Comfortable underwear
- Comfortable socks
- Your durable shoes



Check if you need:



- Rain coat and pants
- Rubber boots or waterproof hiking boots



- Base layer (wool or technical fabric)
- Mid-layer cotton long-sleeved shirt
- Mid-layer warm sweater
- Outer layer warm jacket or coat
- Thick, windproof pants (mid+outer)



- Windbreaker

- Mittens or gloves
- Knit scarf
- Stocking cap
- Stocking cap to sleep in
- Warm socks to sleep in